



BAUERFEIND®

***FOR YOUR
PERSONAL BEST***

FOR ANYONE

WHO HAS A DREAM

WHO GRITS THEIR TEETH AND KEEPS FIGHTING

WHO WANTS TO PUSH THEMSELVES A LITTLE BIT HARDER EACH DAY

WHO NEVER GIVES UP

WHO RAISES THE BAR EACH DAY

**WHO MEASURES TIME IN HUNDREDTHS OF SECONDS RATHER
THAN SECONDS**

**WHO, DAY IN DAY OUT, PUSHES THEMSELVES TO THEIR LIMITS
AND BEYOND**

WHO GIVES THEIR ALL

We also give our all for you by developing innovative premium products that improve agility and body awareness. For years, we have been working in close cooperation with experienced competitive athletes, directly incorporating their preferences and ideas as we develop our products.

We test our products in the toughest of conditions: in the world of elite sport. And all because we relish a challenge and because we are aiming for one ultimate target:

YOUR PERSONAL BEST.

A female athlete is running on a paved road, moving from right to left. She is wearing a light blue Adidas tank top, dark blue Adidas shorts, blue socks, and dark blue running shoes. The background features a dark, rocky landscape and a range of mountains under a hazy sky. The text "MADE IN GERMANY" is overlaid in the lower-left quadrant.

MADE IN GERMANY



Service-Partner



EXPERTISE AND EXPERIENCE

Sports products from Bauerfeind

For decades, Bauerfeind has been developing highly effective medical aids and looking after top athletes through the Deutsche Sporthilfe Foundation and at the Olympics. Based on our expertise in these two key areas, we have now developed a new product line to support sporting activity.






***BOOST
YOU UP***

SPORTS COMPRESSION LINE

Performance-enhancing compression for ball and endurance sports

Just a little bit more, a little bit longer, a little bit more controlled – our SPORTS COMPRESSION LINE products let you constantly push your personal limit that little bit further, both during training sessions and in competitions. Our various sleeves and socks improve circulation, thereby boosting the supply of oxygen to the various parts of the body. The increased level of O₂ in the blood means that your muscles can recover faster and offer more free power at the points of the game or the distance when you need it most.

A full-page photograph of two runners on a paved road in a desert landscape. In the foreground, the left arm and torso of a runner wearing a grey shirt and blue compression sleeve are visible. In the background, a female runner in a red and black patterned singlet and shorts is running towards the camera. The background features dark, rocky hills under a clear sky.

***MORE PRESSURE,
MORE POWER***



MEDICAL COMPRESSION TECHNOLOGY

Improves the supply of oxygen to the various parts of the body

All of our products which feature MEDICAL COMPRESSION TECHNOLOGY are made from a highly elastic knitted fabric that exerts a carefully regulated amount of pressure. This compressive action boosts your circulation with lasting effect, so the all-important oxygen is transported round your body more quickly. As a result, you can train differently, recover more quickly, tire more slowly, experience fewer muscle vibrations and have more free energy reserves.

Famous elite athletes such as Anna and Lisa Hahner as well as the ALBA BERLIN Bundesliga basketball players also put their trust in our innovative MEDICAL COMPRESSION TECHNOLOGY.

Compression improves
circulation

Extra-soft inner elbow area for
increased wearing comfort

Speeds up recovery

Reduces muscle vibrations

Breathable material for heat
control

)+(
MEDICAL
COMPRESSION
TECHNOLOGY

BOOST YOUR MUSCLE PERFORMANCE

MORE POWER, FEWER VIBRATIONS

Sports Compression Sleeves Arm

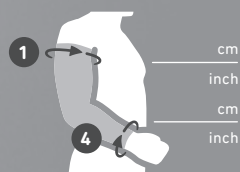
For strengthening the arm muscles during ball games and endurance sports.

- Highly elastic knitted fabric for a carefully regulated amount of compression based on medical standards
- Extra-soft inner elbow area for exceptional comfort
- Breathable high-tech microfiber feels good on the skin
- Hard-wearing, durable quality for daily use

More power for your arm muscles: the Sports Compression Sleeves for the arm exert comfortably firm compression which boosts circulation and increases the supply of oxygen to the muscles. As a result, your muscles can perform for longer, recover more quickly and are better protected against injuries too. The compression also reduces muscle vibrations in the biceps and triceps muscles.



Colors:



cm
inch
cm
inch

S

24–30
9½–12
14–15
5½–6

M

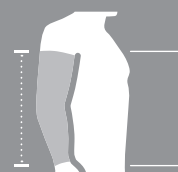
27–33
10¾–13
15–16.5
6–6½

L

29–36
11½–14¾
16.5–18
6½–7

XL

32–40
12½–15¾
18–20
7–7¾



X LONG

50.1–57 cm

LONG

19¾–22½ inch

44.1–50 cm

SHORT

17½–19¾ inch

39–44 cm

15½–17½ inch

Here you will find instructions on how to take correct measurements



For details on how to take accurate measurements, see pages 42/43

Secure fit thanks to silicone
dotted band

Compression improves
circulation

Speeds up recovery

Reduces muscle vibrations

Breathable material for heat
control

)+(
MEDICAL
COMPRESSION
TECHNOLOGY

BOOST YOUR MUSCLE PERFORMANCE

MORE POWER, FEWER VIBRATION

Sports Compression Sleeves Upper Leg

For strengthening the thigh muscles while playing ball games and endurance sports

- Highly elastic knitted fabric for a carefully regulated amount of compression based on medical standards
- Wide edging band with a silicone dotted band for a perfect fit and exceptional comfort
- Breathable high-tech microfiber feels good on the skin
- Hard-wearing, durable quality for daily use

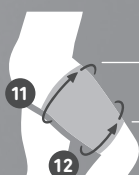
More oxygen for enhanced muscle performance: the Sports Compression Sleeves for the upper leg exert compression to boost circulation and provide a better supply of oxygen to your muscles. The result: fewer muscle vibrations and muscles which can perform better, recover more effectively, warm up more quickly and are well protected against injuries too.



Colors:



COMPRESSION



cm
inch
cm
inch

S

45–57
17¾–22½
32–36
12½–14¾

M

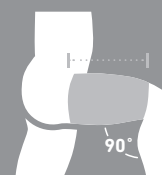
50–64
19¾–25¼
36–41
14¼–16¼

L

56–71
22–28
41–46
16¼–18¼

XL

62–79
24½–31¼
46–52
18¼–20½




X LONG
LONG
SHORT

28.1–32 cm
11–12½ inch
25.1–28 cm
9¾–11 inch
22–25 cm
8¾–9¾ inch

Here you will find instructions on how to take correct measurements





Extra-wide supportive band for
a comfortable fit

Compression improves
circulation

Speeds up recovery

Reduces muscle vibrations

Breathable material for heat
control

)+(
MEDICAL
COMPRESSION
TECHNOLOGY

BOOST YOUR MUSCLE PERFORMANCE

MORE POWER, FEWER VIBRATION

Sports Compression Sleeves Lower Leg

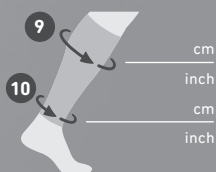
For strengthening the lower leg muscles while playing ball games and endurance sports

- Highly elastic knitted fabric for a carefully regulated amount of compression based on medical standards
- Wide edging band for a perfect fit and exceptional comfort
- Breathable high-tech microfiber feels good on the skin
- Hard-wearing, durable quality for daily use

With noticeable compression for improved muscle performance: the Sports Compression Sleeves for the lower leg boost the blood flow to the muscles. Your entire lower leg receives a better supply of oxygen, continues to perform more effectively and recovers more quickly. What's more, your muscles warm up faster thanks to the improved circulation, which means that they have better all-round protection against injury.



Colors:



cm
inch
cm
inch

S

32–39
12½–15½
19–21
7½–8¼

M

35–43
13¾–17
21–24
8¼–9½

L

38–47
15–18½
24–27
9½–10¾

XL

42–51
16½–20
27–31
10¾–12¼



X LONG

LONG

SHORT

36.1–43 cm
14¼–17 inch
30.1–36 cm
12–14¼ inch
26–30 cm
10 ½–12 inch

Here you will find instructions on how to take correct measurements



BOOST YOUR ENDURANCE

Sports Compression Socks Run & Walk

Vitalizing sports socks for all endurance sports

- Highly elastic knitted fabric for a carefully regulated amount of compression based on medical standards
- Special zone for protection against pressure and rubbing on the Achilles tendon
- Soft cushioning on both the sole and the top of the foot for increased comfort
- Breathable high-tech microfiber feels good on the skin
- Hard-wearing, durable quality for daily use

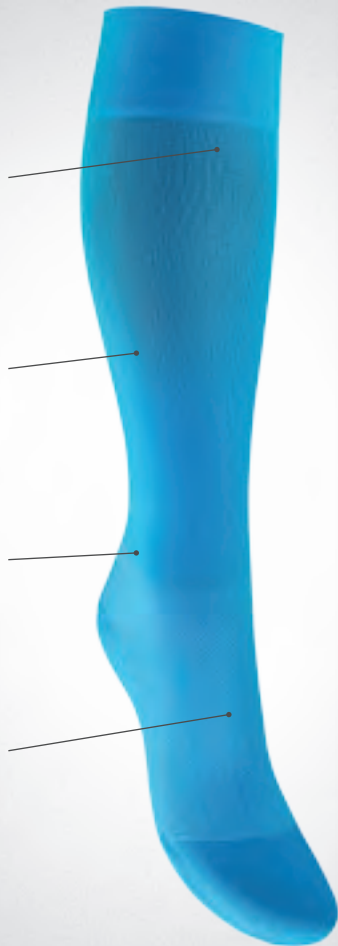
More vitality for long distances: the Sports Compression Socks Run & Walk have been specially designed for endurance sport and improve the recovery of your leg muscles. Their noticeable compression, which is based on medical standards, improves circulation and reduces unpleasant muscle vibrations in the calf muscles – for movement with less fatigue.

Better endurance – improved circulation through compression

Reduces muscle vibrations

Protective zone – for reducing pressure and rubbing on the Achilles tendon

Breathable and hard-wearing material



Colors:



Here you will find instructions on how to take correct measurements



cm
inch

S 31–36
12¼–14

M 36–41
14–16¼

L 41–46
16¼–18¼

XL 46–51
18¼–20



Size

LONG	EU	41–46
	UK	7–13
	US (M)	8–14
	US (W)	9½–15½
SHORT	EU	35–40
	UK	2½–6½
	US (M)	3½–7½
	US (W)	5–9

For details on how to take accurate measurements, see pages 42/43

FULL CONTROL

Sports Compression Socks Ball & Racket

Stabilizing sports socks for ball games and racket sports

- Highly elastic knitted fabric for a carefully regulated amount of compression based on medical standards
- Muscle-toning zone to reduce muscle vibrations
- Taping zone for greater stability for the ankle
- Special zone for protection against pressure and rubbing on the Achilles tendon
- Shock-absorbing cushioning for increased comfort during movement
- Breathable high-tech microfiber feels good on the skin
- Hard-wearing, durable quality for daily use

Greater stability during quick movement sequences: the Sports Compression Socks Ball & Racket provide support for your ankle and calf muscles thanks to the special taping and muscle-toning zones. The taping zone improves your sense of stability and coordination in the foot, while the muscle-toning zone stimulates the calf muscles.

Muscle-toning zone –
for reducing muscle
vibrations

Protection zone – for
reducing pressure and
rubbing on the Achilles
tendon

Taping zone –
for greater stability

Shock-absorbing
cushioning

)•(
TARGETED
COMPRESSION
ZONES

Colors:



cm
inch

S

31–36
12¼–14

M

36–41
14–16½

L

41–46
16¼–18¼

XL

46–51
18¼–20



Size

LONG

SHORT

EU 41–46
UK 7–13
US (M) 8–14
US (W) 9½–15½

EU 35–40
UK 2½–6½
US (M) 3½–7½
US (W) 5–9

Here you will find instructions on how to take correct measurements



For details on how to take accurate measurements, see pages 42/43



STRENGTHEN YOUR BODY

SPORTS SUPPORT LINE

Effective protection against excessive strain

Anybody who wants to deliver a good performance has to know that they can rely on their body, no matter what the circumstances. Our SPORTS SUPPORT LINE products give you precisely this reassurance, increasing your confidence in your body when the going gets really tough. The products improve your body awareness, speed up your body's regenerative abilities and reduce your risk of injury. For better performance and extra agility.



3D AIRKNIT TECHNOLOGY

Innovative high-tech solution for greater stability and flexibility

Bauerfeind's 3D AIRKNIT TECHNOLOGY combines three innovative technologies in a single high-tech solution to provide the perfect balance of stability and flexibility.

3D

Thanks to their anatomical fit, the effect of Bauerfeind sports supports is felt precisely where it is needed, allowing your body to deliver maximum power while receiving perfect support.

AIR

All of our supports with 3D AIRKNIT TECHNOLOGY also feature wide-meshed, weight-saving ventilation zones. The effect: the parts of the body covered by the supports are cooled more effectively during extreme physical exertion, preventing any build-up of moisture due to sweat.

KNIT

The knitted fabric in our supports offers innovative functional zones that combine optimum stability with maximum freedom of movement. Bauerfeind therefore gives you all the flexibility you need for maximum performance together with reliable protection against excessive strain.

In the Bauerfeind Innovation Center, we work tirelessly on the further advanced development of our supports, making sure that we incorporate all the knowledge we have gained through our experience of elite sport. As a result, you can be 100% confident that all Bauerfeind products reflect the latest findings from sports science research at all times.



FEEL YOUR BODY



PROPRIOCEPTION

Greater agility and enjoyment thanks to better body awareness

Nowadays, proprioceptive training is an integral part of competitive sport and a key focus of the everyday work carried out by sports scientists. Intermittent compression and the stimulation of receptors have a beneficial effect on your body's proprioception and support sensorimotor function. The result: improved body awareness, enhanced coordination, greater stability and excellent protection to help prevent excessive strain and injuries.

Bauerfeind sports supports, with their innovative combination of special knit, fabric and anatomical pads, stimulate the receptors which are essential for sensorimotor training and give you excellent feedback about your movement. The result: enhanced sporting performance and a greater physical and psychological sense of security.



"Our ALBA Berlin players put their trust in the supports and orthoses concept of Bauerfeind's sports products throughout the season – for more safety on the court as well as a psychological sense of security."

**Marc Kiwitt | Physiotherapist
ALBA Berlin Basketball**



PROPRIO-
CEPTION

Stays in place during movement

Faster muscle control

Maximum freedom of movement

Optimized knee movement

Light and breathable

Durable and easy-care



Pad encloses
and protects the
kneecap

SUPPORTS YOUR KNEE PERFORMANCE

STABILIZES YOUR KNEE

Sports Knee Support

Supports the knee during exercise

- Support which encloses the joint and is made from a highly elastic knitted fabric for a carefully regulated amount of compression
- Innovative pad to absorb pressure peaks
- Lateral wings and pressure points for positive sensorimotor feedback
- Anatomical fit with siliconized areas to guarantee a secure fit and maximum freedom of movement
- Light, airy knitted fabric made of hard-wearing material makes the support very comfortable to wear
- Durable, easy-care quality for daily use

Excellent protection from excessive strain: the Sports Knee Support improves the controlled movement of the knee during longer sporting activities through gentle compression. The hard-wearing knee support simultaneously massages ligaments, tendons, muscles and connective tissue during movement, with the associated benefits for the sensorimotor system. Stress and risks of injury are thereby combated and pain associated with excessive strain subsides more quickly.



Colors:



cm
inch
cm
inch

XS

38 – 41
15 – 16 ¼
28 – 31
11 – 12 ¼

S

41 – 44
16 ¼ – 17 ½
31 – 34
12 ¼ – 13 ½

M

44 – 47
17 ½ – 18 ½
34 – 37
13 ½ – 14 ½

L

47 – 50
18 ½ – 19 ¾
37 – 40
14 ½ – 15 ¾

XL

50 – 53
19 ¾ – 21
40 – 43
15 ¾ – 17

XXL

53 – 56
21 – 22
43 – 46
17 – 18

Here you will find instructions on how to take correct measurements



Intermittent compression
provides stimulation

Reliable stabilization under high
loads

Faster muscle control

Light and breathable

Stays in place during movement

More durable than a tape
bandage



***PROTECTS YOUR
ANKLE PERFORMANCE***

POWER PROTECTION

Sports Ankle Support

Stabilizing sports support for the ankle

- Support which encloses the joint and is made from a highly elastic knitted fabric for a carefully regulated amount of compression
- Adjustable taping strap to support the ligaments
- Knit exerts a massaging effect to boost circulation
- Anatomical fit to guarantee a secure fit and maximum freedom of movement
- Light, airy knitted fabric made of hard-wearing material makes the support very comfortable to wear
- Durable, easy-care quality for daily use

Secure fit and maximum stabilization: the extremely light and hard-wearing Sports Ankle Support features an innovative taping strap which supports the ligaments and protects your ankle against sprains, hyperextension and twisting.



Colors:



cm
inch

XS 17-19
6 1/4 - 7 1/2

S 19-21
7 1/2 - 8 1/4

M 21-23
8 1/4 - 9


L 23-25
9 - 9 3/4

XL 25-27
9 3/4 - 10 1/2

XXL 27-29
10 1/2 - 11 1/2

Here you will find instructions on how to take correct measurements



A grayscale photograph of a person's back and waist, wearing a blue and yellow back brace. Four callout lines point from text labels on the left to specific features of the brace: the top line points to the mesh side panel, the second line points to the front panel, the third line points to the side panel, and the bottom line points to the buckle area.

Stimulates muscles and fasciae

Maximum freedom of movement

Light and breathable

Secure fit during movement

STRENGTHENS YOUR BACK

SUPPORT YOUR BODY

Sports Back Support

Effective sports support for the back



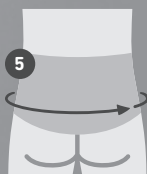
- Support which is placed round the torso and is made from a highly elastic knitted fabric for a carefully regulated amount of compression
- Innovative pad with nubs to massage and stimulate muscles and fasciae
- Lateral wings with nubs for improved sensorimotor feedback
- Anatomical fit and flat abdominal fastening to guarantee a secure fit and maximum freedom of movement
- Light, airy fabric made of hard-wearing material makes the support very comfortable to wear
- Durable, easy-care quality for daily use



**POWERDOT
ACTIVATION**

Effective protection against excessive strain: the Sports Back Support exerts comfortable compression to support the back muscles, while its integral nubs stimulate the muscles during movement. This has a beneficial effect on the sensorimotor system. It activates the stabilizing torso muscles, harmonizes muscle control and improves posture.

Colors:



cm
inch

XS

70–80
27½–31½

S

80–90
31½–35½

M

90–100
35½–39¼

L

100–110
39¼–43¼

XL

110–120
43¼–47¼

XXL

120–130
47¼–51¼

Here you will find instructions on how to take correct measurements



For details on how to take accurate measurements, see pages 42/43

SUPPORTS YOUR ELBOW PERFORMANCE

Sports Elbow Support

Effective sports support for the elbow

- Support which goes round the arm and is made from a highly elastic knitted fabric for a carefully regulated amount of compression
- Innovative pads to offer protection against pressure peaks
- Anatomical fit with siliconized areas to guarantee a secure fit and maximum freedom of movement
- Light, airy knitted fabric made of hard-wearing material makes the support very comfortable to wear
- Durable, easy-care quality for daily use

Effective protection against excessive strain: the Sports Elbow Support, with its special knit and anatomically shaped functional elements, ensures stability at the elbow. It exerts compression which boosts the sensorimotor perception of the joint and gives you improved feedback. Muscles and connective tissue are gently massaged, pain associated with excessive strain subsides more quickly and the risk of injury is reduced.

Pad relieves and stabilizes

Colors:



Optimized elbow movement

Maximum freedom of movement

Faster muscle control

Light and breathable

Stays in place during movement

Durable and easy-care



Here you will find instructions on how to take correct measurements



cm
inch

XS 23–25
9–9¾

S 25–27
9¾–10½

M 27–29
10½–11½

L 29–31
11½–12¼

XL 31–33
12¼–13

XXL 33–35
13–13¾

For details on how to take accurate measurements, see pages 42/43

FOR HYPEREXTENSION CONTROL

Sports Elbow Brace

Hyperextension protection for the elbow in racket sports

- Support which goes round the arm to stabilize the elbow
- Integrated strap system to cushion arm extension movements
- Boa® closure system for adjusting the tension with millimeter precision
- Strap which triggers a warning pressure to cushion the forces which arise
- Durable, easy-care quality for daily use

Protection against hyperextension: the Sports Elbow Brace allows for better control of the arm's elasticity. An integral strap system cushions the extension of your arm during movement – thanks to an adjustable pre-set tension, a counter-reaction in the forearm muscles is triggered to balance out the force. The force involved in the extension is therefore cushioned at the end of the movement, reducing the stress at the elbow.

Color:



cm
inch

S 21–26
8 1/3 – 10 1/3

M 26–32
10 1/3 – 12 3/4

L 32–38
12 3/4 – 15

XL 38–44
15 – 17 1/3

For details on how to take accurate measurements, see pages 42/43

Boa® closure system –
for individually adjustable
movement control

Improves joint guidance
and reduces swelling

Anatomical fit and
breathable materials
for exceptional wearing
comfort

Hard-wearing
and easy-care


**POWERGUARD
TECHNOLOGY**

Here you will find instructions on how to take correct measurements



Boa® Closure System

RELIEVES YOUR KNEE

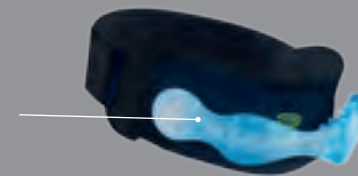
Sports Knee Strap

Sports strap for relieving the knee

- Knitted fabric with a special pad and four nubbed pressure points for relieving the patellar tendon
- Strap for individually adjusting the relief pressure
- Anatomical, extra-flat fit for maximum freedom of movement
- Light, airy knitted fabric made of hard-wearing material makes the support very comfortable to wear
- Durable, easy-care quality for daily use

Targeted relief for sports involving large amounts of running and jumping: the anatomically contoured Sports Knee Strap sits securely below the kneecap, reducing the strain on your patellar tendon. A special pad with pressure points also guides, supports, and stimulates the tendon. Typical symptoms associated with excessive strain, such as noticeable restrictions of movement, can therefore be reduced.

Pad guides, supports, and stimulates the tendon.



Colors:



Individually adjustable pressure

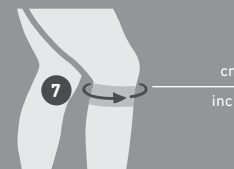
Provides targeted relief for the patellar tendon

Stays in place during movement

Durable and easy-care

TARGETED RELIEF

Here you will find instructions on how to take correct measurements



cm
inch

S 28–30
11–11¾

M 30–35
11¾–13¾

L 35–44
13¾–17½

For details on how to take accurate measurements, see pages 42/43

TARGETED RELIEF FOR YOUR ELBOW

Sports Elbow Strap

Sports strap for relieving pressure on the elbow

- Five-point pad with Velcro fastening for stimulating muscles and fasciae
- Boa® closure system for adjusting the tension with millimeter precision
- Anatomical, extra-flat fit for maximum freedom of movement
- Durable, easy-care quality for daily use

Lasting support for all racket sports: the Sports Elbow Strap exerts targeted pressure to reduce the strain on your forearm muscles for stable and reliable racket strokes. The five-point pad with adjustable Velcro fastenings can lie on either the outside or the inside and stimulates muscles and fasciae. The irritation and inflammation associated with tennis or golfer's elbow can subside more quickly.

Five-point pad stimulates painful areas



Color:



Boa® Closure System

Boa® closure system – relief as required

Five-point pad – stimulates muscles and fasciae

Flat design for sports

FIVE-POINT PAD

Here you will find instructions on how to take correct measurements



cm 22–35
inch 8 2/3 – 13 3/4

One size fits all.
Can be used on either arm.

For details on how to take accurate measurements, see pages 42/43



TUNING FOR PLAYERS



SPORTS INSOLE LINE

Bauerfeind sports insoles for greater agility and improved transfer of force

When quick reactions and constant changes of direction are called for, the foot needs special support. Featuring Weightflex® technology, our insoles which have been specially developed for sport activate the body's own stabilizers thanks to sensorimotor spots. This gives you greater control during rapid movements and transmits considerably more force down through the shoe on to the floor.



FEET
UNDER CONTROL



WEIGHTFLEX® TECHNOLOGY

Innovative sports insole technology for a secure stance and greater control

Rapid movements and abrupt changes of direction can quickly result in foot muscle fatigue or excessive strain symptoms at the ankle, Achilles tendon or lower leg. To protect against these symptoms, we have designed special sports insoles for all kinds of sports. All of these insoles feature pioneering Weightflex® technology and have been specially adapted for the sport in question.

Patented dual-component core with an innovative X-shaped module to support the foot arches and control the heel-to-toe movement of the foot:

- Reduces foot muscle fatigue
- Supports the foot's natural heel-to-toe movement
- Prevents injuries caused by excessive strain

Cushioning of the forefoot and
hindfoot – provides durable
cushioning when the heel hits
the ground and the toes push off

Sensorimotor spots –
stimulate the foot muscles

Weightflex® technology –
supports the natural mobility of
the feet when running

Functional top cover –
kills bacteria and inhibits odors



SUPPORT YOUR ENDURANCE

BUFFER YOUR FEET

Sports Insoles Run & Walk

Support and protect the feet while running, hiking, and walking

- Cushioning of the forefoot and hindfoot for when the heel hits the ground and the toes push off
- Slight heel cup to guide and stabilize the foot during movement
- Sensorimotor spots to stimulate the stabilizing foot muscles
- Weightflex® orthotic core to support the foot arches while still preserving the natural mobility of the feet
- Antibacterial and odor-inhibiting top cover for everyday use

Walk and run in perfect comfort: thanks to their innovative Weightflex® technology, the Sports Insoles Run & Walk ensure a secure and protected step while running, hiking, and walking. The flexible orthotic core supports and guides your foot from below, while the X-shaped module ensures problem-free performance for longer.



RUN



WALK



HIKE

BOOST YOUR AGILITY

Sports Insoles Ball & Racket

Support and provide relief for the feet during ball sports

- Raised heel cup to stabilize the ankle during rapid changes of direction
- Toe bank to increase the size of the contact surface between the foot and the shoe for greater control
- Sensorimotor spots to stimulate the stabilizing foot muscles
- Weightflex® orthotic core to support the foot arches while still preserving the natural mobility of the foot
- Antibacterial and odor-inhibiting top cover for everyday use

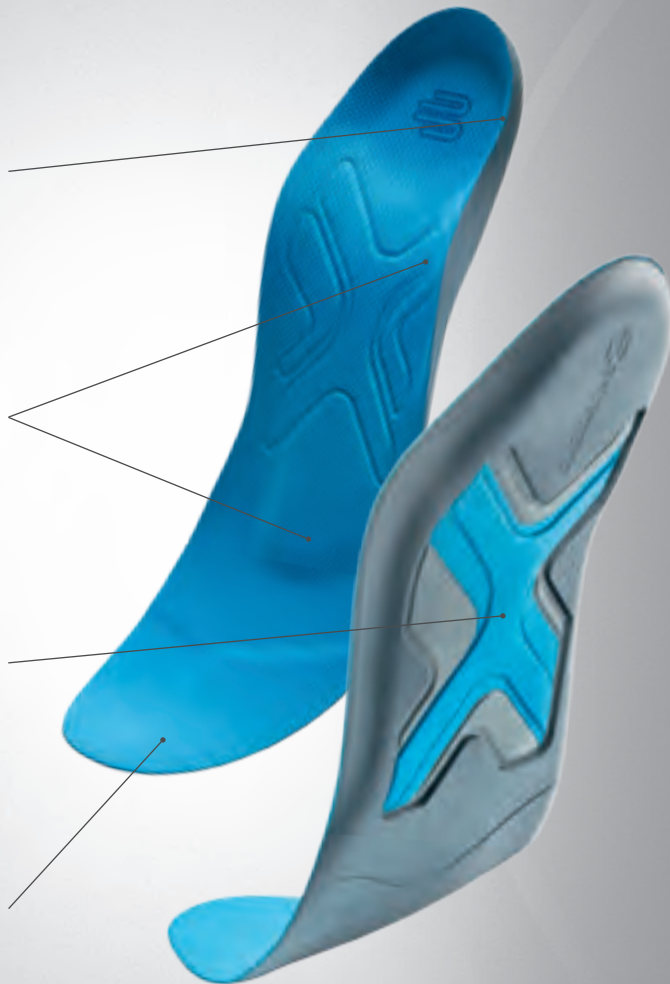
Greater stability when making quick stops and turns: the Sports Insoles Ball & Racket support and guide your feet thanks to the flexible orthotic core. What's more, the internal X-shaped Weightflex® module also preserves the natural mobility of the feet. For a better performance in all indoor and ball sports.

Heel cup – surrounds the heel and stabilizes the ankle during quick changes of direction

Sensorimotor spots – stimulate the foot muscles

Weightflex® technology – supports the natural mobility of the feet when running

Functional top cover – kills bacteria and inhibits odors



VOLLEYBALL



TENNIS



HANDBALL



BASKETBALL



GOLF

KEEP YOU IN CONTROL

Sports Insoles Ski & Skate

For greater control during winter sports

- Raised heel cup to provide stability when tilting to the side
- Toe bank to increase the size of the contact surface between the foot and the shoe for greater control
- Sensorimotor spots to stimulate the foot muscles
- Weightflex® orthotic core to support the foot arches
- Thermoregulating top cover to protect against the cold

Fit feet, even in restrictive footwear: the Sports Insoles Ski & Skate feature a flexible orthotic core and X-shaped Weightflex® module to support the foot arches and prevent fatigue. What's more, small spots stimulate the foot muscles and have a beneficial effect on the motor system. For a problem-free performance for longer and better coordination.

Heel cup – surrounds the heel and provides support when tilting to the side

Toe bank – stretches the small toes for better contact between the feet and the shoes

Weightflex® technology – supports the foot arches

Thermoregulating top cover – protects against the cold



SKIING



SNOWBOARDING



CROSS-COUNTRY



ICE SKATING



ICE HOCKEY

BE PREPARED

Make sure of a perfect fit for optimum effect.

Our measuring zones make it easy for you to find your perfect size.

Service hotline in Germany: 0800 - 001 05 70

Service hotline in Austria: 0800 - 4430 130



- 1 Start your measurement from a point just below the armpit.
Measure the circumference at this height with your arm raised.
- 2 Measure the circumference at the thickest part of the biceps.
- 3 Measure the circumference at the thickest part of the forearm.
- 4 Measure the circumference of your wrist.
- 5 Measure the circumference of your abdomen immediately below your navel.
- 6 8 With your knee slightly bent, start the measurement from the center of the knee-cap.
Measure the circumference 14 cm above this point towards your upper body and 12 cm below it towards your feet.
- 7 Measure the circumference immediately below the kneecap.
- 9 Measure the circumference of your calf at the thickest point.
- 10 Measure the circumference of your ankle at the narrowest point above the ankle bone.
- 11 Start your measurement a hand's width below the crotch.
Measure the circumference of the thigh at this point.
- 12 Measure from your knee bent at a right angle.
Start at a point in the hollow of the knee and measure the circumference of the thigh.

A black and white photograph of two female athletes. The athlete in the foreground is looking upwards and to the left, wearing a dark Adidas singlet with 'GEOLSTEINER' and the Adidas logo. The athlete in the background is looking towards the camera, also wearing a similar singlet. The background is bright and out of focus.

GO!
FOR YOUR PERSONAL BEST

Measure correctly – order correctly

COMPRESSION

Sports Compression Sleeves Arm



Item No.	2935501*000#°
Color	* 38 = rivera/black * 17 = black
Length	# 2 = short # 3 = long # 4 = x-long
Size	° 1 = S ° 2 = M ° 3 = L ° 4 = XL

Sports Compression Sleeves Upper Leg



Item No.	2934572*000#°
Color	* 38 = rivera/black * 17 = black
Length	# 2 = short # 3 = long # 4 = x-long
Size	° 1 = S ° 2 = M ° 3 = L ° 4 = XL

Sports Compression Sleeves Lower Leg



Item No.	2935202*000#°
Color	* 38 = rivera/black * 17 = black
Length	# 2 = short # 3 = long # 4 = x-long
Size	° 1 = S ° 2 = M ° 3 = L ° 4 = XL

Sports Compression Socks Run & Walk



Item No.	2948001*000#°
Color	* 10 = white * 17 = black * 34 = rivera * 35 = red * 36 = green * 37 = yellow
Length	# 2 = short # 3 = long
Size	° 1 = S ° 2 = M ° 3 = L ° 4 = XL

Sports Compression Socks Ball & Racket 15–20 mmHG



Item No.	2918000*000#°
Color	* 30 = charcoal/rivera * 31 = silver/rivera * 32 = charcoal/polar * 33 = silver/polar
Length	# 2 = short # 3 = long
Size	° 1 = S ° 2 = M ° 3 = L ° 4 = XL

Sports Compression Socks Ball & Racket 20–30 mmHG



Item No.	2958005*000#°
Color	* 30 = charcoal/rivera * 31 = silver/rivera * 32 = charcoal/polar * 33 = silver/polar
Length	# 2 = short # 3 = long
Size	° 1 = S ° 2 = M ° 3 = L ° 4 = XL

SUPPORT

Sports Knee Support



Item No.	11449411*001°
Color	* 26 = rivera * 17 = black
Size	° 0 = XS ° 1 = S ° 2 = M ° 3 = L ° 4 = XL ° 5 = XXL

Sports Back Support



Item No.	11489441*001°
Color	* 26 = rivera * 17 = black
Size	° 0 = XS ° 1 = S ° 2 = M ° 3 = L ° 4 = XL ° 5 = XXL

Sports Elbow Support



Item No.	11469431*001°
Color	* 26 = rivera * 17 = black
Size	° 0 = XS ° 1 = S ° 2 = M ° 3 = L ° 4 = XL ° 5 = XXL

Sports Elbow Brace



Item No.	1106162107000°
	° 1 = S ° 2 = M ° 3 = L ° 4 = XL
Color	black

Sports Ankle Support



Item No.	11419401*0'1°
Foot	' 6 = right ' 7 = left
Color	* 26 = rivera * 17 = black
Size	° 0 = XS ° 1 = S ° 2 = M ° 3 = L ° 4 = XL ° 5 = XXL

Sports Knee Strap



Item No.	11449421*001°
Color	* 26 = rivera * 17 = black
Size	° 1 = S ° 2 = M ° 3 = L

Sports Elbow Strap



Item No.	11469461170000
Color	black
Size	universal

INSOLES

Sports Insoles Run & Walk



Item No.	381500500003°°
Color	light blue
Size	°° = Shoe size (EU 35–48)

Sports Insoles Ball & Racket



Item No.	381500500002°°
Color	light blue
Size	°° = Shoe size (EU 35–48)

Sports Insoles Ski & Skate



Item No.	381500500001°°
Color	orange
Size	°° = Shoe size (EU 35–48)



Official partner of





bauerfeind-sports.com

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